

CURRICULUM VITAE

Dr Zahid Maqbool

Assistant Professor Social Work

Higher Education Department, J&K

Address: House No: 1-D Budshah Nagar, Opposite Iram Lane, Natipora, Srinagar Jammu and Kashmir, India

Pin Code -190015

Email: zahidmaqbool.pandit@jk.gov.in

zahidmaqbool.pandit@gmail.com

Mobile no.: +91-9596005616

CAREER OBJECTIVE

To contribute to the success of college by fully utilizing my skills, expertise and knowledge with innovative thoughts and enrich myself with the challenging, competing and rewarding environment that the job may offer.

ACADEMIC BACKGROUND

S. No	Degree	Institution
1	Doctor of Philosophy (Ph. D)	University of Kashmir
2	M.A. Social Work (Master's Degree in Social Work)	University of Kashmir
3	Bachelor's Degree in Business Administration (BBA)	University of Kashmir
4	Higher Secondary School (12 th Class)	Jammu and Kashmir Board of School Education
5	High School (10 th Class)	Jammu and Kashmir Board of School Education

- Master's Degree in Public Administration via distance mode from IGNOU.
- Qualified University Grants Commission **National Eligibility Test/Junior Research Fellow (NET-JRF)** and Jammu and Kashmir **State Eligibility Test (SET)** in the discipline of Social Work.
- Qualified University Grants Commission **National Eligibility Test/Junior Research Fellow (NET-JRF)** in the discipline of **Public Administration** twice.
- Emerged as Topper in Online Certified Course **"Psychology of Stress, Health and Well-Being"** organized by NPTEL, Indian Institute of Technology, Guwahati in Jan-Apr 2021.

- Member Board of Studies Social Work, Cluster University of Srinagar.
- Appeared in the Jammu and Kashmir Combined Competitive Examination (JKAS), thus have a good knowledge and understanding about various subjects like Psychology, Anthropology, Public Administration, Indian constitution, Geography, Indian Economy, Indian Modern History, etc.

Papers Published:

1. ***“Increasing Suicides in Kashmir: Perspective of Islamic Scholars”***. Insight Islamicus 2017;17: 73-90. ISSN No: 0975-6590. Peer reviewed and Internationally Indexed Journal and UGC Approved Journal.
2. ***“Pellet Injuries among youth in Kashmir: Impact and Way forward”*** in International Journal of Research in Social Sciences volume 7 Issue 12 December 2017. ISSN No: 2249-2496.
3. ***“Insights from Health Care Providers in dealing with suicide attempters in Kashmir: A Preliminary Qualitative Analysis”*** in Indian Journal of Psychiatric Social Work 2019;10(2):24-30. ISSN No:0303-1610. DOI: 10.29120/IJPSW.2019.v10.i2.144. UGC Approved Journal.
4. ***“Impact of Child Friendly Spaces on Psycho-Social Wellbeing of Children in District Baramulla”*** in Social Work Bulletin, Department of Social Work, University of Kashmir. Volume 1 June 2020.
5. ***“Impact of Coronavirus (COVID-19) Pandemic on Persons with Disabilities and Caregivers”*** in Population Review. Volume 59, No. 2. 2020. doi:10.1353/prv.2020.0008. UGC Approved
6. ***“Experiences of quarantine for individuals during the COVID-19 outbreak in Kashmir: A qualitative study”*** in Indian Journal of Social Psychiatry. Volume 37 Issue 1. January-March 2021 UGC Approved

Conferences Attended/Papers Presented:

1. National Seminar on ***“Environmental Pollution: Join the Race to Make the World a Better Place”*** and presented a paper entitled ***“Impact of Artillery Shelling in Tosamaidan”*** organized by Dept. of Environmental Science and Centre of Research for Development, University of Kashmir on June 4-5, 2016.
2. Presented a paper entitled ***“The Quran and the Personality Development”*** in Two day National Seminar on ***“Quranic Perspective on Knowledge, Education and Development”*** organized by Shah-i-Hamdan Institute of Islamic Studies in collaboration with Department of Students Welfare, University of Kashmir on 14- 15 March 2018.
3. Presented a Paper titled ***“Revisiting Home Based Care for Elderly as a Good Practice in Society”*** in Two day National Seminar on Ageing and Elderly care: Critical Issues,

Challenges and Way forward” organized by Department of Social Work, University of Kashmir in collaboration with National Institute of Social Defense, Ministry of Social Justice and Empowerment on 29th and 30th March 2018.

4. Presented a paper on ***“Illiteracy and Social Exclusion: An Insight from Informal Sector”*** in two day National Seminar on “Educational Reforms and Innovations- A Step to Change” organized by Post Graduate Department of Education, University of Kashmir on 12-13 November 2018.
5. Presented a paper ***“Social Implications of Scientific Development on Society- A debate on Nanotechnology from Social Science Perspective”*** in the Fifth International Conference on “Nanotechnology for Better Living” jointly organized by NIT Srinagar and IIT Kharagpur from 8-11 April 2019.
6. Presented a paper ***“Suicides during Coronavirus (Covid-19) in India: A systematic Analysis of Media Reports”*** in the 39th Annual National Conference of Indian Society of Professional Social Work from March 18th -20th 2021.
7. Presented a paper on ***“Coronavirus (Covid-19) and suicides in India with special reference to Migrant and Daily Wage workers”*** in 8th Indian Social Work Conference 2020 & 8th ICSD Asia Pacific Branch Conference held on February 28th- March 2nd 2021.
8. Presented a paper on ***“Suicides in Kashmir: Systematic Analysis of National Crime Record Bureau Annual Reports”*** in one day National Conference on “Contemporary Social Issues in India: Challenges and Way Forward” organized by Govt. Degree College for Women Pulwama, Kashmir under Azadi Ka Amrit Mahotsav on 30 December 2021.
9. Attended and presented a research paper titled ***“Cybercrimes against Women in India: A Study of Traumatic Experiences, Available Legal and Policy Provisions”*** in Two days International Conference held at Govt College of Education M A Road Srinagar under the theme Voices for Change: Addressing and Preventing Crimes Against Women on 19th and 20th March 2025.
10. Attended and presented a research paper titled ***“From Waste to Livelihood: Understanding the role of Women Rag pickers in India’s informal Economy”*** in Two days International Conference held at Govt College of Education M A Road Srinagar under the theme Voices for Change: Addressing and Preventing Crimes Against Women on 19th and 20th March 2025.

Training/ Workshops Attended:

1. Participated in ***“One Week National Workshop on Research Methodology in Social Sciences”*** organized by organized by Dept. of Social Work, University of Kashmir from 20th to 26th March 2017.
2. Participated in Awareness Program on ***“Understanding the Menace of Drug Addiction among youth in Kashmir”*** organized by Dept. of Social Work, University of Kashmir in collaboration with National Institute of Social Defense, Ministry of Social justice and

Empowerment, Govt. of India. On September 12, 2017.

3. Participated in the Two Day Capacity Building Workshop on ***“Humanitarian Dialogue: From Understanding to Action”*** organized by the Dept. of Social Work, University of Kashmir, Kargil Development Project and Center for Law and Development Policy (CLD) On October 24-25, 2017.
4. Attended **One Week Research Methodology Workshop** from November 27th – December 06, 2017 organized by Human Resource Development University of Kashmir.
5. Participated in Two day National Seminar organized by Shah-I-Hamadan Institute of Islamic Studies on ***‘Prophet Muhammad and Social Justice’*** on December 16- 17, 2017.
6. Participated in two day ***“Advance Training for Front-line Functionaries”*** Sponsored by Central Social Welfare Board, Ministry of Women and Child Development, New Delhi on 5th and 6th October 2018
7. Participated in ***“Two Day Capacity Building Workshop on Social Audit of MDM Scheme”*** organized by the Dept. of Social Work, University of Kashmir & School Education Dept., J&K State on 12 & 13 November 2018.
8. Attended a One day Workshop on ***“Autism Spectrum Disorder & Inclusive Education Identification, Intervention & Livelihood”*** organized by Save the Destitute Foundation on 28th April, 2019 at Kothi Bagh higher Secondary School, Srinagar J&K.
9. Participated in Online workshop on ***“Holistic Wellness & Development Program”*** ***“POWER TO YOUTH”*** in October 2020 organized by Atal Innovation Mission.
10. Participated in Symposium on ***“Strengthening of Social Solidarity and Global Connectedness”*** organized by NIMHANS Bangaluru on March 15, 2021.
11. Participated in International Webinar on ***“Essentials of Creative Thinking”*** jointly organized by School of Humanities, Raffles University, Rajasthan and RAYS Global Foundation (USA) on April 06, 2021.
12. Participated in Online Training Programme on ***“Mental Well-being and Psychological Care during Current Pandemic”*** organized by National Institute of Disaster Management, Ministry of Home Affairs, GOI in collaboration with Directorate of Higher Education on June 25th 2021.
13. Participated in Online Training Programme on ***“Cloudburst and Floods”*** organized by National Institute of Disaster Management, Ministry of Home Affairs, GOI in collaboration with Indian Meteorological Department (IMD) on July 27th 2021.
14. Participated in Online Training Programme on ***“Role of Youth in Disaster Management”*** organized by National Institute of Disaster Management, Ministry of Home Affairs, GOI in collaboration with Rajiv Gandhi National Institute of Youth Development on August 6th August 2021.
15. Participated in Online Training Programme on ***“Environmental Education and Awareness among Children and Youth”*** organized by National Institute of Disaster Management, Ministry of Home Affairs, Govt. of India in collaboration with Centre for Environment Education on August 12th 2021.

16. Participated in Online Training Programme on ***“Covid-19 Psychological Impact of School Closure on Early Childhood”*** organized by National Institute of Disaster Management, Ministry of Home Affairs, Govt. of India in collaboration with YWCA of Delhi on August 13th 2021.
17. Completed Course on ***“Psychology of Stress, Health and Well-being”*** during Jan- Apr 2021 with a consolidated score of 97% organized by NPTEL (Funded by Ministry of Human Resource Development, Govt. of India).
18. Successfully completed ***“One Month 92nd Guru Dakshta Faculty Induction Programme”*** in Offline Mode organised by UGC- Malviya Mission Teacher Training Centre, University of Kashmir, Srinagar from 17th June to 17th July 2025
19. Successfully completed ***Faculty Development Programme: NEP 2020 Orientation & Sensitization Programme*** from 5th to 13th February 2026 organized by UGC- Malviya Mission Teacher Training Centre, University of Kashmir, Srinagar.
20. Successfully conducted more than 25 Certificate Course organized by various Govt Ministries, Departments and Institutions on iGOT Platform.

Work Experience:

- Worked as Field Investigator for the Research project ***“Concurrent Assessment of Bharat Nirman Media Campaign”*** conducted by Indian Institute of Mass Communication, New Delhi.
- Worked in Jammu and Kashmir Yateem Foundation (JKYF) as Community Mobiliser for Srinagar district for the Project titled ***“J&K Humanitarian Flood Response 2014- 2015”***
- Extensive field visits in the districts of Kashmir division-Srinagar, Budgam, Baramulla and Bandipora.

Other Skills and Competencies:

- Academic Management
- Curriculum Building and Development
- Online Collaboration
- Assessment Planning and Designing
- Team Building
- Good report writing and documentation skills.
- Proficient in working with computers- MS PowerPoint and Word.
- Languages: English Urdu and Kashmiri